

# Benefits of a Praying in the Spirit



When you are baptized in the Holy Spirit, you receive a gift from God—the gift of speaking in tongues. It is a powerful gift that every believer should desire. In fact, here are five benefits to praying in tongues:

## 1. Praying in Tongues Allows You to Speak Directly to God

“For if you have the ability to speak in tongues, you will be talking only to God, since people won’t be able to understand you. You will be speaking by the power of the Spirit, but it will all be mysterious.” –1 Corinthians 14:2

When you pray in tongues, you are praying God’s will, directly to Him. It allows your mind to get out of the way so your spirit can commune with the Father.

## 2. Praying in Tongues Keeps You in Tune With the Holy Spirit

“And everyone present was filled with the Holy Spirit and began speaking in other languages, as the Holy Spirit gave them this ability.” –Acts 2:4

Tongues is a gift from God. It allows you to pray the will of God by the empowering of the Holy Spirit. When you pray in tongues, you are yielding to the

Holy Spirit who dwells in you. Then you are allowing that same Spirit to pray through you, so you are in tune with Him.

### **3. Praying in Tongues Strengthens Your Spirit**

“A person who speaks in tongues is strengthened personally, but one who speaks a word of prophecy strengthens the entire church.” –1 Corinthians 14:4

Praying in tongues builds you up spiritually and helps you to live a Spirit-led life.

### **4. Praying in Tongues Allows You to Pray Even When You Don't Know What to Pray**

“And the Holy Spirit helps us in our weakness. For example, we don't know what God wants us to pray for. But the Holy Spirit prays for us with groanings that cannot be expressed in words.” –Romans 8:26

Even when you don't know how or what to pray, you can still pray...in tongues. You can trust your spirit to pray the perfect will of God, regardless of the situation.

### **5. Praying in Tongues Is a Weapon Against the Work of the Enemy**

“And then he told them, ‘Go into all the world and preach the Good News to everyone. Anyone who believes and is baptized will be saved.... These miraculous signs will accompany those who believe: They will cast out demons in my name, and they will speak in new languages.... They will be able to place their hands on the sick, and they will be healed.’” –Mark 16:15-18

Jesus proclaimed several things that would happen to those who followed Him and continued His work. Speaking in tongues is one of those gifts, and it allows Jesus' followers to stand against the work of the enemy.

Praying in tongues is a gift that's available to every believer. It allows you to pray God's will to Him. It keeps you in tune with the Holy Spirit and strengthens your spirit as you stand against the work of the devil. Don't discount this powerful gift from God. Desire it. Embrace it and relish the strength it adds to your spiritual life.

### **What is the Prayer of Agreement?**

The prayer of agreement is one of the most powerful tools God has given us. It is a prayer that Jesus Himself guaranteed would bring results every time. "...If two of you agree on earth about anything that they may ask," He said, "...it *shall be done* for them by My Father who is in heaven" (Matthew 18:19).

When you don't see the results He promised, I've found the problem usually lies in one of four areas.

**(1) Run a harmony check.** The word *agreement* that Jesus uses in Matthew 18:19 can also be translated "to harmonize" or "to make a symphony." A symphony is composed of many instruments, which, when played together, seem to be a single voice.

The same thing is true in prayer. Believers agreeing together in the Holy Spirit are a powerful, unstoppable force. That's why Satan fights Christian families. That's why he doesn't want men and women unified in marriage. He wants us fighting

and fussing all the time because he knows it will hinder our prayers (see 1 Peter 3:7).

Any time you fail to get results from the prayer of agreement, run a harmony check. Ask the Holy Spirit to show you if you're in strife with your wife (or anyone else). Then follow the instructions in Mark 11:25 where Jesus tells us, "...when ye stand praying, forgive, if ye have ought against any: that your Father also which is in heaven may forgive you...."

It is not sufficient for you and another person simply to agree on the particular issue you are praying about. You must also be in harmony in other areas as well. So make a harmony check!

**(2) Establish your heart on God's Word.** The prayer of agreement will only work if it is based on the Word of God. You and your wife might jump up one day and agree that you'll own a hundred oil wells by midnight, but you'll never see that prayer of agreement come to pass because it's not founded on the Word of God.

So go to the Word first. Find the promise that covers the particular situation you're praying about. Then write it down and meditate on it until, as Psalm 112:7 says, your "...heart is fixed, trusting in the Lord."

**(3) Fix your mind on the Word.** Second Corinthians 10:5 tells us to bring "...into captivity every thought to the obedience of Christ." You must do that if you're to see results from your prayers of agreement. Do what the Bible says and "...think on these things" (Philippians 4:8). What things? Things from the Word of God!

Say to yourselves, "I'll not think on anything contrary to this agreement." Then, when Satan tries to slip in negative thoughts and break down your faith, you'll have to tell him, "No, no, no, devil! I don't believe what you say. I believe what the Word says."

Then get out your Bible, obey and “keep it before your eyes.”

**(4) Act as if it's done.** This is where so many believers miss it. They pray the prayer of agreement, taking a faith stand together. Then as soon as they walk out of the prayer closet, they start wringing their hands and saying, “Oh my, I just don't know what we're going to do if this problem doesn't get solved!”

Don't make that mistake. Once you've settled the issue through the prayer of agreement, refuse to act like that issue is a problem anymore. Instead, just start praising God. In every way you can, act as though all is well.

The prayer of agreement is a powerful tool. So don't be discouraged by your past experience. Just make the necessary adjustments and keep staying in agreement. Run a harmony check. Establish your heart on the Word. Fix your mind on the Word. Act as if it's done. And anything you ask shall be done for you by your Father in heaven.

As always, we are here to help! If you are in need of prayer please e-mail us at [info@transformeddaughters.org](mailto:info@transformeddaughters.org). Join our e-mail list for weekly encouragement updates and all things Transformed Daughters.

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